



DIOCESE OF DAVENPORT Natural Family Planning Resources

Billings Ovulation Method Online Instruction (English & Spanish)

This online learning experience, combined with three months of complimentary access to the Fertility Pinpoint charting application, is designed to bring women and couples up to speed about Natural Family Planning. You will gain a clear understanding of the science and “how-to” regarding the Billings Ovulation Method, followed by the opportunity to actually put the method to work for yourself.

Cost - \$49 <http://learnnfponline.com>



Billings Ovulation Method Instructors

Marianne Agnoli, MPH, MPT

780 West Central Park, Davenport, IA 52804

563-888-4242

agnolim@davenportdiocese.org

Yolanda Bello Bogdanyi (English & Spanish)

Council Bluffs, IA

712-322-5378

ybnfp@live.com

Brenda DeLathouwer, CFC

Cycle Solutions LLC – Moline, IL

309-269-0797

bdelath@yahoo.com

Betty McGehe, MSN, ARNP, FNP-C

Trained in **Billings** Ovulation Method

Norwalk, IA

515-961-8098 or 515-240-2751 (cell)

bmcgehe@aol.com

Maggie Schoonmaker

Medical Arts Associates, Ltd.

Moline, IL

309-738-1104



Couple to Couple League (Sympto-thermal) Method – Online Instruction (English & Spanish)

Couple to Couple League (CCL) offers two on-line options for those couples who do not have a local CCL Teaching Couple, or for those whose schedule prevents them from attending local instruction. Couples will receive the same materials as those attending on site classes, plus access to professional chart reviews until confident in their method skills.



- Self-Paced Online - \$99
- Live Class Online (check website below for dates and times) - \$130

<http://ccli.org/productsservices/nfp-instruction/home-study-course.php>

Couple to Couple League Instructors

Al and Beth Budelier

Trained in the **Couple to Couple League** Method
Davenport, IA
563-324-7040
elizabethimel@yahoo.com

Laura and Carlos Moreno (Spanish)

St. Mary Catholic Church - Moline, IL
309- 764-1562
Lauramoreno28@yahoo.com

Additional CCL instructors and class schedules at www.ccli.org

Creighton Model (In Person or Remote Skype Instruction)

Kari Beadner, FCP

Orange City FertilityCare Center
Orange City, IA 51041
712-266-3282
kbeadner@gmail.com



Kajda Downs, FCPI

Orange City FertilityCare Center
Orange City, IA 51041
605-391-0417
kajdaruth@hotmail.com

Creighton Model - (In Person or Remote Skype Instruction) cont.

Linda Jacobs, FCP

FertilityCare Services of Central Iowa - Marshalltown Satellite Center
Marshalltown, IA 50158
641-753-5965
ljacobs_2@mchsi.com

Rebecca Luoma, FCP

3665 Ketstone Dr.
Dubuque, IA
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Jamie Rathjen, FCP

Fiat FertilityCare Center
220 Southbrooke Dr.
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cvfiatfertility@gmail.com

Michael Schmidt, FCPI

The Mustard Seed
532 N. Dodge St., Iowa City, IA 52245
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Michelle McKernan, MA, FCP

Vitae Family Care Clinic
1355 50th St., Suite 100
West Des Moines, IA 50266
515-225-3261

Meredith Simon, FCP

Fiat FertilityCare Center
5073 15th Avenue Drive
LaPorte City, IA 50651
319-830-1470
merkoz_85@hotmail.com

Cassandra White, BS, FCPI

Vitae Family Care Clinic
1355 50th St., Suite 100
West Des Moines, IA 50266
515-225-3261
Cassandrawhite1212@gmail.com

Marquette Method Online Instruction (English & Spanish)

<http://www.marquette.edu/nursing/natural-family-planning/classes.shtml>

Online group instruction:

For a self-paced online group setting where you are anonymous and have access to online charting and a discussion forum run by professional MM nurse teachers you are encouraged to register at <http://nfp.marquette.edu>

-\$34.99/six months of personal instruction

-\$59.99/twelve months of personal instruction



Online personal instruction:

One on one with a Marquette Method professional nurse in a self-paced online format where you have personal online and phone contact:

Personal one to one instruction = \$60/six months

Personal one to one consultation fee (by phone or Skype only) = \$20/half hour

Marquette Method Instructors

Julie Cutler RN, MSN, IBCLC

Davenport, IA

563-505-9857

lcqueen@mchsi.com

Introductory Videos - (May be supplied by parish)

Plan Your Family Naturally – Introduction to Natural Family Planning

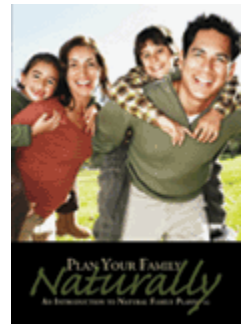
DVD & Study Guide (English & Spanish)

Join Natural Family Planning (NFP) educators Dr. Jennifer and Matthew DeMarco as they reveal one of the Catholic Church's best kept secrets: an effective, simple, and natural approach to family planning. The DeMarcos are joined by Chris and Dan Volpe and Damon and Melanie Owens, married couples who share their own experience of discovering, learning, and living NFP. These couples give a heartfelt, real-life witness to its effectiveness, challenges, and many benefits—practical, relational, and spiritual—as they cooperate with God's natural plan for married sexuality.

Available for purchase through Diocese of Rockville Centre – Office of Faith

Formation: English <http://drvc-faith.mybigcommerce.com/faith-formation-videos/>

Spanish <http://drvc-faith.mybigcommerce.com/espa-ol/>



Updated – 9/9/16

Additional NFP Distance Learning Resources

<http://www.usccb.org/issues-and-action/marriage-and-family/natural-family-planning/nfp-distance-learning.cfm>

Questions? Contact:

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